

What's up in the Point ?

ACEF

6734 Monk 514.362.1771

- March, 10th, 6:30-9:00pm : Dealing with debts. (free)
- March, 3rd, 10th and April 7th : Budget Workshop
- March, 17th and 31st : training sessions about the personal budget of self-employed worker

Saint-Charles Library

514-872-3035

- Storytime (0-2 years) : March, 8th and 22nd, 10:30am
- Do it yourself workshop (7years up) : March, 7th and 21st at 2:00pm
- Science workshop (7years up): March, 14th at 2:00pm

Action Watchdog Committee

Is a community coalition of Point St. Charles created in 1981. This coalition brings together around 25 community organizations of the neighbourhood and works within an anti-poverty perspective towards change for greater social justice.

Our neighbourhood community organizations are spaces where citizens can work collectively within an empowerment framework to take action on issues that concern them : health, housing, income, education, justice and advocacy, food security, heritage, culture, as well as social conditions for youth, families, women, seniors, new arrivals to Quebec, and other social groups.

Community groups of our neighbourhood have created Action Watchdog as the vehicle to respond for the need for information, sharing of experiences and joint actions on crucial issues that affect the conditions and quality of life for local citizens.

CONTACTS : 514-509-0795 info@actiongardien.org

For more information, visit our website !

You will find : local news, activities, neighbourhood resources, history, the People's Urban Planning Project and much more !

www.actiongardien.org

Community groups announce!



Newsletter from March, 1st to 21st 2010

Attention, date change :

CN LANDS : Citizen meeting

Monday, March 15th

at 7:00pm, Centre Lorne

More information : www.actiongardien.org

Club populaire des consommateurs

1950 Grand Truck, 514-932-1091

-Saturday March, 6th : Vegetable market

Fresh vegetables, cheaper than the grocery store, for everyone !

-Registration for the collective garden

Come to cultivate fresh vegetables to bring home! An experience group to have fun each week! No experience necessary. Families welcome. \$ 10 registration for the year. Wednesdays, as of March 3rd, we go to the greenhouse (morning or evening). The gardens will open at the end of April or May, with sessions during the day, evenings and weekends. Meet at the Market Cucumber Garden (Island Street, corner of Richardson). Call us for more information and to register.



March 8: International Women's Day!

9:30am : Meeting at Madame Prend Congé

11:30am : Collective Departure Metro Charlevoix (free ticket)

Action 12:30 at Complexe Desjardins.

Familles en Action 1909 Centre 514-932-6373

Wednesday, March, 17th at 1:00 pm : Depression, it tells you what? Come demystify depression during this workshop presented by The Foundation of Mental Illness.

RÉSO 514-931-5737

Explore-Action

You are unemployed for a while? Want to change your situation? Explore new ways! Explore your strengths, your skills and potential, learn more about the labor market, the hidden market, the school system, business integration and programs for Emploi-Québec. Group workshops and individual support, can have a benefit of participation. Make an appointment in advance: 514 931-5737 ext 276 or 259.

Carrefour d'éducation populaire
2356 rue Centre, 514 596-4444

Friday, March 5th at 6:00pm :
Women's day party
Thursday, March 18th at 7:00pm :
Ciné-carrefour

Maison St Columba
2365 Grand Trunk 514-932-6202

Friday March 5th from 7-10 pm: Saint Columba House invites the women of your group to join us for 'International Women's Day', at 2365 Grand Trunk. R.s.v.p before March 2nd Donna 514-932-6202 ext.225

Share the warmth 625 rue Fortune 514.933.5599

Tuesday, March 2nd, 5:30pm : Spaghetti dinner
Adult 5\$, child 3\$.



Clinique communautaire

<http://ccpsc.qc.ca/> 500 av. Ash 514.937.9251

Thursday, March 18th, at 7:00 to 9:00pm, Lorne Center, 2390 Ryde Street. Midlife crisis: The Clinic takes a physical!
Special General Assembly on the constitution and bylaws of the Community Clinic of Pointe-Saint-Charles. Welcome to all. Snacks, childcare and translation available on site.

Services juridiques communautaires

2533 rue Centre 514-933-8432

Thursday, March 18th, 1:30-3:30 pm: Divorced parents, but parents for life! How to deal with parenthood? (This workshop is in French, but we can answer questions in English.)



Speakers: Pierre Morand, social worker of the mediation service of the Superior Court of Montréal.
Lise Ferland, lawyer at the Community Legal Services, will be present as well to give legal advice.

Madame prend congé 1900 Grand Trunk 514-933-2507

Registration required for workshops and free daycare.

- Second-hand store** : 50% off until March 5th
- New ! **ANTIDOTE** workshop, from March 4, thursdays evening, for 10 weeks. The poison that keeps me from discovering and making choices.
- Tuesday, March 2nd, 9:30am: **Breast Cancer**, testimony and information (provided by the Breast Cancer Foundation)
- Wednesday, March 3rd, 10:00am to 3:00pm: **Women's Day**, a day to laugh, play and talk about the International Women's Day. And **Sale of food**, for the end of year trip for MPC participants.
- Tuesday, March 9th, 9:30am: "To sign a **petition** or attend a **demonstration**, I feel that it is useless! "... and if it were false? (Offered by the MEPACQ) Free brunch.
- Wednesday, March 10th, 12:45 : Collage and landscape drawing : outing to the **Museum of Fine Arts**, Bus tickets provided
- Tuesday, March 16th, at 9:30am : **Health tip "Grand mother"** You know stuff "home" or "grandmother" to maintain your health ... we would like to hear!
- Tuesday, March 23th: **Registration** for the spring session



Société d'histoire de Pointe-Saint-Charles

2390, rue Ryde, suite 206, 514.937.4756

Every Sunday between 1:00 and 5:00 pm (through March 28) : Exhibition "**Hall of Flame: Your Fire Stations**" : old and more recent photographs of the fire stations and the firemen in action.